

Among the many distressing consequences of Covid-19, is the unfortunate emergence of social stigma and discrimination against individuals of Asian descent. We, as psychologists, are well-acquainted with the power of fear in driving human behavior. Unfortunately, Covid-19 has resulted in blame and malicious acts towards individuals who are perceived to be associated with the outbreak. As neuropsychologists who strive to provide culturally competent services to our communities, we believe it is also our responsibility to raise awareness of this stigma and, in doing so, help mitigate the effects of discrimination in the context of the pandemic. Educating ourselves on social stigma as it relates to Covid-19 as well as reaching out and supporting those who may be experiencing discrimination, can be a powerful starting point. The more awareness we raise, the less likely incidents of discrimination and their harmful consequences will go unnoticed.

Please see the links below on the topic of social stigma and Covid-19.

[Discrimination Against Asian, Black Americans More Likely Amid Coronavirus Pandemic](#)

[Respiratory Disease and Racism Have Reared Their Ugly Heads With COVID-19](#)

[Countering COVID-19 \(Coronavirus\) Stigma and Racism: Tips for Parents and Caregivers](#)

[Social Stigma associated with COVID-19](#)